
A Course in Philosophy: A way to soul freedom

Mission Statement: In the course of one's life one would want to have achieved true happiness, true peace and true love. We are dedicated to bringing all three to you by truth, hope and joy.

Pathway One: On Love and War

*From the authoress of, The Answer to Sun Tzu
the philosophical discussions and writings of,
Paulette-Renée Broqueville*

A man who learns in childhood how to treat a woman has a great love affair with his wife all of his life. What does he know that all men and women would like to know?

Truth: Would you like to know?

Hope: Do you wish for that kind of love and its happiness that lasts forever?

Joy: Do you delight in the opposite sex? Would you like to be delighted with the opposite sex?

Let us explore truth

Did you answer in the negative, then go no further or give this information to someone who needs and wants it. If you answered in the positive, then this course is for you. We will be delving into the philosophical discussions I have written in my books, The Answer to Sun Tzu. You are the inquisitive who is called Sun Tzu. Here is the first selection that we will discuss.

"Love and War"

By Paulette Renée Broqueville

"Men like to make war with each other and make love to women. It is best not to make war with women, for war is not enough to feed the soul of man." This the reply to the young Sun Tzu's question, "What is war and what is love?"

"Words make war and words make love. A woman of high birth will not fight the man's soul and his right to decide how he will be; she will, however, speak truth, and a man, if he is worthy of her love, will be given great gifts. The gift of love being the greatest of them all, but not the least of which will she give him respect, for the wisdom shown in his eyes and for the honesty in his words and actions. The other gifts

are admiration of his soul and adoration of his spirit. With these gifts the man will be the greatest warrior and the best lover. Wise is he who speaks words of love to the woman and words of war with men. The spirit of the man is made ten times greater, or the same but weakened, by the kind of woman he chooses. A possessive woman will want to control and possess the man's soul, making him a weak warrior; but a woman who is free, possesses her own soul, and knows that the man must possess his own soul, or he will not be worthy of her love. A man whose soul is possessed is not ruled by his own soul; but instead, he is the one who is controlled by others; and therefore, he is worthless and cannot be trusted by men or women. He lives a loveless life full of lies. He is a man whose actions and words can be bought or sold - he is a slave. A free woman, a woman of high birth, will not want such a man and therefore the only women he will have to choose from will be women of low birth - lacking inspiration, and honesty, patience, and love. A woman who possesses her own soul will not push or exert control over her warrior lover; she has respect for his thoughts and his decisions - she possesses patience. Wise is he who has the courage to think his own thoughts and act on his own decisions; for there are many men beneath such a man who are yet slaves."

In line one to three we learn a great secret about women: love and war do not live together in the same woman. War destroys love and love destroys war.

Have you been out on a date, away for the weekend or setting the scene for a night of lovemaking and one of you speaks in an irritated tone of voice—just a little bit of anger and the result is as if a smart bomb just hit you. Well, the destroyer is anger. Anger can be obvious:

- mean words and tone of voice
- complaints about you
- complaints about others

Then again, anger can be subliminal:

- ridicule in a sweet tone of voice
- a put down but with sweet and fun laughter
- a feeling in the room that takes your joy away

What can you do when your day of romance turns into the front lines of war?

1. Carl Jung, the psychologist, tells us about the anima and the animus, which I call the

inner souls of men (anima, who is a she) and women (animus, who is a he). What do they have to do with war between lovers? They do our fighting for us!

- Do you go crazy when you are angry? Your inner soul is doing your talking.
- Do you remain calm when you are angry, trying to solve the problem with reason? Your outer soul—you are doing your own talking. Keep your head.

If you are one that loses his or her temper you are possessed by your inner soul. How do we know if the inner soul is in charge of our voice?

- He whose inner soul takes over becomes a she: she is a name caller.
 - She whose inner soul takes over becomes a he: he is a commander and shouts orders. You should have, you should.....
2. What should you do when this inner soul takes over and tries to wreck your life?
 - Get a grip on yourself and stop him or her from speaking
 - Decide to be calm and take charge of yourself, use your soft voice of reason
 3. Your outer soul is the soft voice of reason, use it to find out the truth. What is the truth?
 - A misunderstanding? Settle it by explaining it clearly and your evening goes on as love planned.
 - A lack of details? Explain yourself. We are not all mind readers. If you give the whole story to your lover your war is over and love goes on as planned.
 - A selfish act? Is someone not doing enough? Think about your part and do what is fair.
 4. If you cannot calm your inner soul in the moment anger begins to rule and war begins then for your own sake and for the sake of love—walk away but not before you say, : I need to calm down.” Even if your mate is the one crazy with anger, say, “I need to calm down so that I can listen to what you have to say.”
 - Go to another room and be quiet
 - Say a prayer or meditate
 - Ask Archangel Michael to take his sword of light and slash it through all negative thought and feeling forms
 5. If your mate is the one with fomenting anger and irritation at the world, then separate yourself—your soul from him or her in whichever way is possible.
 - Imagine you are home alone—decide to do what you want to do home alone: read, watch a movie, make popcorn. Be happy doing what you want to do—right now, all alone. Even when your mate is in the house with you.
 - Plan to do something with a friend instead of sitting around with Ms. or Mr.

Anger

Of course, anger, irritation and abusive behavior is a habit. Is anger one of your habits or your mate's habits? Kick the habit. It is not cute to be angry and it is not funny either. What creates

war is anger. So what creates anger?

1. You are not getting what you want or need. What do you want?
 - To stay at home or go out?
 - Things? Do you need this thing or do you really need to have it?
 - Help? Do you need more help?
2. You are in pain.
 - Tell your lover, your family.
 - Go to the right doctor: dentist, medical or chiropractic doctor
 - See a nutritionist: a calcium deficiency makes us short tempered.
3. You are tired: tell someone and then get some rest or help with your work
4. You are sick or weak: tell someone and then get the proper help or rest
5. You are hungry: tell people you need food and then keep your mouth shut, if you cannot say anything nice then do not say anything at all. You know you are not happy don't tell everyone else about it, just eat something.
6. You are the object of abuse: criticism, ridicule, jealousy, hatred. Get away from these people.

Take care of your health, get enough sleep, eat on a regular basis and pick only good people who are consistently happy to be your friends or your lover. To be happy you have to work at it everyday.

How?

In lines one to six, written below we learn how to squash anger by truth.

“Words make war and words make love. A woman of high birth will not fight the man’s soul and his right to decide how he will be; she will, however, speak truth, and a man, if he is worthy of her love, will be given great gifts.

1. Do what you want to do. Do you want to rest? Rest! Go? Go!
2. Be honest and ask your mate to be honest. What do you want?

Perhaps, you both really want to do the same thing but feel the other wants the opposite. You decide to do what you do not want to do and find yourself out for the evening, making yourself more miserable as each moment passes or perhaps it's your mate who is doing what she or he did not want to do?

You may find that at times, special times you may want to compromise and do something that you would not choose to do. Why would you choose to do it?

- It means a great deal to your mate, with whom you want to spend your time. Go and decide to enjoy your time together. It is your decision: to be happy or angry. To do otherwise is to show you have a one sided relationship: you are selfish.
- Some things are just nice to do for other people. You may be tired today but it is someone special's birthday. Which choice will you make: go fishing alone or spend the day with a special person? We are here to love each other: choose love.

Let us explore hope

What can we hope for in a life long great love affair? In lines six through eight we are told what we can expect and hope for in such a love affair.

A woman of high birth will not fight the man's soul and his right to decide how he will be; she will, however, speak truth, and a man, if he is worthy of her love, will be given great gifts. The gift of love being the greatest of them all, but not the least of which will she give him respect, for the wisdom shown in his eyes and for the honesty in his words and actions. The other gifts are admiration of his soul and adoration of his spirit. With these gifts the man will be the greatest warrior and the best lover.

We hope to be

- loved
- respected
- treated honestly
- adored
- admired

In lines 12 through 16 we are warned what to beware of.

The spirit of the man is made ten times greater, or the same but weakened, by the kind of woman he chooses. A possessive woman will want to control and possess the man's soul, making him a weak warrior; but a woman who is free, possesses her own soul, and knows that the man must possess his own soul, or he will not be worthy of her love.

Does your mood affect a waitress' attitude toward you? Then how does your mood affect your lover? And, how does your lover's mood affect you? A happy mate makes life easy; you can accomplish your dreams.

In lines 17 through 21 we learn what happens when the wrong mate is chosen.

A man whose soul is possessed is not ruled by his own soul; but instead, he is the one who is controlled by others; and therefore, he is worthless and cannot be trusted by men or women. He lives a loveless life full of lies. He is a man whose actions and words can be bought or sold - he is a slave. A free woman, a woman of high birth, will not want such a man and therefore the only women he will have to choose from will be women of low birth - lacking inspiration, and honesty, patience, and love.

With a moody mate you will have one crisis after another; roadblocks that lay in your path which you must remove daily. Roadblocks that prevent you from reaching the top of your mountain. Choose a happy mate who encourages you, supports your plans and dreams your dreams with you.

If you are unwise and choose a mate who throws out roadblocks your life will be one crisis after another preventing you from making alliances with people who would help you up your

mountain. These people will not wait for you and will leave you hanging from your own self made cliff.

Take back your life—your soul and separate your soul from the controller, a man or a woman who interrupts everything you try to do that is good. Do not let anyone interrupt you from achieving your dreams. Know immediately when someone is trying to control your soul and stop you from achieving your dream.

Lines 21 to the end tell us what can be achieved by having a mate who is independent or interdependent with you.

A free woman, a woman of high birth, will not want such a man and therefore the only women he will have to choose from will be women of low birth - lacking inspiration, and honesty, patience, and love. A woman who possesses her own soul will not push or exert control over her warrior lover; she has respect for his thoughts and his decisions - she possesses patience. Wise is he who has the courage to think his own thoughts and act on his own decisions; for there are many men beneath such a man who are yet slaves.”

What does a mate of high birth give you?

- inspiration
- honesty
- patience
- love
- respect for your ideas and decisions

What will he or she not do to you? What happens if you allow someone to control you?

- He or she will not exert control over your soul.
- To allow someone to control you is to be a slave.

It takes courage to think your own thoughts and act on your own decisions. We must each one learn to be the strong soul, man or woman, before becoming a pair of lovers.

Let us explore joy

In this selection we will learn more about love. In the first sentence we learn a great lesson about women. Men can make war with each other in the battlefield, boardroom or in the bar where they may win or lose; but in the bedroom they will always lose.

“The Warrior Lover”

By Paulette Renée Broqueville

“Do not make war with the woman who loves you for defeat and loss are a bitter taste.” This the reply to the young Sun Tzu’s question, “How does a man rule a woman?”

“He who asks, receives. In love there is no war. Keep your voice for the battlefield, and speak just above her voice in order to be heard. When in war, give orders, and when in love, ask. The question is not ‘How does a man rule a woman?’ but it is instead, ‘How does a man rule with a woman?’ A man grows to want children, and children, because they are yet students, need to be taught by the parents how to be. The parents rule the children; until they are of age to rule themselves. Choose such a woman who has learned to rule herself, for any other woman will be a child. The woman you choose must be a teacher and not a child needing instruction. A woman, such as this, is of high birth, and knows how to rule herself. She is the only woman who will be able to rule with you. You will be able to trust her to make decisions, and authority can be delegated to her. A man who is of high birth will respect his woman, and nourish her with encouragement, as well as instruction. He is a man who knows that to win the love of a woman means that he must be a warrior lover. The one who can say that he is a warrior lover lives in peace and harmony, adoring and being adored, loving and being loved, giving and being given to. The warrior who can take the enemy without the loss of lives is truly a great man. The man who can keep order, and rule together with his woman, without anger or loud voice, is a warrior lover. Wise is he who knows that when in battle, strike hard; but, when in the embrace of a woman, move slowly and touch her with the air around your finger tips.”

In the third sentence, “How does a man rule a woman?” We find a simple but profound answer, “He who asks, receives.”

To rule and to ask? That does not fit does it? What is in the mind of a man who could even think that he can control another person—especially someone so close to nature, so unpredictable, so led by inspiration and so unlike him—a woman! She, if left to her natural state, joyfully more spirit than physical will be an unending source of love and inspiration for him unless he tries to fence her in mentally, physically or emotionally.

Lines four through six tell us how to talk to a woman.

In love there is no war. Keep your voice for the battlefield, and speak

*just above her voice in order to be heard. When in war, give orders,
and when in love, ask.*

Perhaps the loud voices and shouted commands of men in congress, the courtroom, the boardroom, the bar and the battlefield have made them unaware of the reaction she has to that voice and that command. When in war, whether it be business or battlefield, give orders but in love—ask. The question is then corrected to “How does a man rule with a woman?” for it is unnatural and unachievable to think that a man could rule a woman. A man who delegates authority can achieve more than he who does everything himself. Why then not look at women in this way? Delegate authority. Women too must remember: to think you could rule a man will be your greatest mistake—for a woman without a man hides most of her talents. She who stifles her man loses half of his talents. A man without a woman finds it hard to desire achieving his highest dream.

Lines eight through nineteen tell us how this can be achieved comfortably.

A man grows to want children, and children, because they are yet students, need to be taught by the parents how to be. The parents rule the children; until they are of age to rule themselves. Choose such a woman who has learned to rule herself, for any other woman will be a child. The woman you choose must be a teacher and not a child needing instruction. A woman, such as this, is of high birth, and knows how to rule herself. She is the only woman who will be able to rule with you. You will be able to trust her to make decisions, and authority can be delegated to her. A man who is of high birth will respect his woman, and nourish her with encouragement, as well as instruction.

How does civilization progress in peace? It is by the parents teaching their children to:

1. govern themselves
 - learn to control negative emotions until anger, depression and jealousy are no more
 - learn to control their negative thoughts until the mind is only used for inspiration to achieve dreams
2. take responsibility for their own words and actions: take the blame or the acclaim
 - be self-governed
 - have self-respect
 - be self-controlled
 - be self-entertained
 - be self-motivated
 - be self-disciplined
 - be self-satisfied
 - be self-stimulated
 - self-determined

This is the mate you want. Self-disciplined and self-entertained—not a child needing to have instruction and governing but a lover who is independent yet interdependent with you.

A man or a woman can be satisfied with such a mate. Authority can be shared: they rule together in harmony, in love. This is high birth: someone who has been taught the manners of how to live in harmony, kindness, have unselfish behavior, accepting the consequences of mistakes in word or deed. She and he who have been so fortunate to have been given the inheritance of good behavior, taught to them by their parents are of high birth. Money cannot buy this which is only passed on from generation to generation by the parents: love, time, patient and determined teaching and guidance until the soul is self-determined itself.

High birth is not a birth to wealth in money but a birth to wealth in noble character passed on from the parents:

- honesty
- patience
- a giving nature
- understanding all people
- a listening ear
- a soft spoken voice
- lacking in envy, jealousy and greed; possessed with a self-satisfaction which compares to no one but the self-standard upon which you live
- possessing of a good nature, happy with the spirit of love for all people

All these are the attributes of the man or woman of High Birth.

Lines 18 through 24 tell us about the warrior lover. What is a warrior lover: he is one who lives in peace and harmony:

- adoring and being adored (truly enjoyed for who he is)
- loving and being loved
- giving and being given to
- he keeps order
- he rules together with his woman, without anger and without raising his voice

The last sentence can surely bring joy to your heart for it is one of the keys to happiness between a man and a woman. Change yourself if you need to change for change is easy when you know what to do. Love, joy and happiness are what you will reap. And so,

Wise is he who knows that when in battle, strike hard; but, when in the embrace of a woman, move slowly and touch her with the air around your finger tips.

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