

The logo features a stylized window icon on the left, followed by the text 'Window to the World' in a large, elegant script font, and 'review' in a smaller, bold, sans-serif font below it. The background is a gradient from green to blue.

Window to the World review

Volume 1, introduction Blog: Eckhart Tolle Made Simple Class
Written by Paulette Renée Broqueville authoress of *Unraveling Your Past
to Get Into the Present* <http://www.broqueville.com>
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Introduction: The Ego-personalities—The Unkind Personalities: The Multi-headed Beast—Talking Heads—To put on Airs—Having an Attitude

The List of Ego Personalities:

Names, as defined by Funk and Wagnall's New International Dictionary of the English Language

1. Arrogant: Haughtiness: overbearing pride. Claims much for itself and concedes little to others. Pride is an absorbing sense of one's own greatness. Presumption claims place or privilege above one's right. Superciliousness silently manifests mingled haughtiness and disdain.
2. Joker: any hidden device or ruse used for purposes of trickery or deception
3. Workaholic: (not in the dictionary but one who works without taking time off to live)
4. Drunk/drugged: Inebriated; intoxicated: To elate or excite to a degree of frenzy. As for drugged: to stupefy, overcome.
5. Angry: violent vindictive passion; sudden and strong displeasure, as a result of injury, opposition, or mistreatment; wrath; ire

6. Jealous: Roget's Thesaurus: envy, covetousness, grudging,
7. Embellisher: To heighten the interest of, as a story, by adding fictitious details.
8. Dictator: One invested with absolute power; supreme authority. Dictatorial: overbearing.
9. Sexual: Of, pertaining or peculiar to, characteristic of, or affecting sex, the sexes, or the organs or functions of sex.
10. Bad girl/boy: (attention getting behavior that is negative)
11. I am right and everyone else is wrong: (Obvious as is but I could say that this one is incapable of saying "I am wrong." Or "I am sorry.")
12. Depressed: sad; dejected; to lower the spirits or vitality of; make gloomy; to lessen in vigor, force, or energy; weaken; make dull; melancholy
13. Tyrannical: Absolute power arbitrarily or unjustly administered; an arbitrarily cruel exercise of power.
14. Martyr: One who sacrifices all for a cause. (Roget's Thesaurus: victim, sacrifice, sufferer.)
15. Sadistic or masochistic: Sadism: The infliction of pain upon others. A morbid delight in being cruel. Masochism: being dominated, cruelly treated, beaten.
16. Vegetable: A person who is mindless, apathetic, or passive
17. Gossiper: One who participates in familiar or idle talk; groundless rumor; mischievous tattle. To talk idly, usually about the affairs of others.
18. Criticizer: One who gives severe or unfavorable judgments.
19. I am better than—superior to you (Superior: too great or dignified to be under the influence of something)
20. "I agree with everyone"/afraid to stand up for yourself: (self explanatory as it stands)
21. "I only believe what I want to believe"/blame the victim/biased/prejudiced: biased: A mental predilection or prejudice; to influence or affect unduly or

unfairly. Prejudice: (I believe this is really to prejudge: judge without proper inquiry; pass judgment on hastily or beforehand.) Prejudice: A judgment or opinion, favorable or unfavorable, formed beforehand or without due examination; a mental decision based on other grounds than reason or justice; especially a premature or adversely biased opinion; detriment arising from hasty and unfair judgment; injury; harm.

The 21 Ego-personalities discovered and named by Paulette Renee Broqueville, copyrighted in 1998 and published in *Unraveling Your Past to Get Into the Present*. Available on Amazon and Broqueville.com.

Where do the ego-personalities—the unkind personalities come from? Are the Ego-personalities in the Bible?

Someone recently told me that God created us with an ego. I checked in the Bible for references to that effect. I found the following references, but they are to the contrary.

[Proverbs 6:16-19](#) declares, “There are six things the LORD hates, seven that are detestable to him: 1) haughty eyes, 2) a lying tongue, 3) hands that shed innocent blood, 4) a heart that devises wicked schemes, 5) feet that are quick to rush into evil, 6) a false witness who pours out lies, and 7) a man who stirs up dissension among brothers.”

According to Pope Gregory the Great in the 6th century, there are what he called seven deadly sins: pride, envy, gluttony, lust, anger, greed, and sloth. They are never called "the seven deadly sins" in the Bible. They are all found in the Bible however but not in a list. (Seems like Pope Gregory the Great was in fact making a list of well—ego-personalities! What does it seem like to you?)

Buddhism: Founded in northern India by Buddha is the conquest of self. This is done through following the Eightfold Path of:

1. Right belief
2. Right resolution
3. Right speech
4. Right action
5. Right living
6. Right effort
7. Right thinking

8. Peace of mind through meditation (to me that means keeping your mind silent—this we will study in these class sessions)

Right means to me, to be kind and fair. What does it mean to you? And why do we have to conquer the self—Is the self the man made—the phony part of us—the ego, the imitator of the soul—the soul, mentioned over and over in the Bible in reference to who we are as the living man and woman and that which passes on when we die.

Then there is the Golden Rule: Do unto others as you would have them do unto you.

Now that statement by Jesus pretty much dispels all the unkind personalities: the ego-personalities and their unkind behavior.

And—Jesus said: I come not to bring peace but to bring a sword, to cleave asunder the real from the unreal.

Now what is the unreal? What is the real? I believe any affectation—ego-personality is unreal and the soul is your true self—that is the real part of you. So to cleave asunder the real from the unreal would mean what? Remove the unreal part of you—your ego—and leave the real you—your soul.

Let us not forget the Ten Commandments:

1. Thou shalt have no other Gods before me
2. Thou shalt not take the name of God in vain
3. Remember to keep the Sabbath day holy
4. Honor thy father and mother
5. Thou shalt not kill
6. Thou shalt not commit adultery
7. Thou shalt not steal
8. Thou shalt not bear false witness against your neighbor
9. Thou shalt not covet thy neighbors wife
10. Thou shalt not covet anything that belongs to thy neighbor

At first I found nothing in the Ten commandments that resembled any in my list of ego-personalities: I started looking deeper and the exceptions came to mind: there are none, I thought, except—number 8 could be embellisher ego-personality, or perhaps number 9 could be sexual ego-personality and then number 3 could be the workaholic ego-personality, and I guess 10 could be jealousy ego-personality. Hummm This man who told me that God created the ego was a great help to this writing. Thank you. I never would have gone this deep into this comparison.

What is good behavior is what is kind and fair. That is all there is to say. Ego-personalities are not kind and they are not fair to anyone. They are the unkind personalities.

First:

What if you could walk and live your life in a constant state of meditation; a constant state of bliss; a constant state of listening grace—being in the present? That is what I teach you to do by silencing the mind.

Stop unnecessary chatter—and stop the talking in your mental chat room. That is what I am going to help you learn to do.

I go throughout my day with a silent mind and if I can do it so can you.

Second:

What if you could be yourself, your kind and loving self all the time? What if you could be positive and productive every day—happy? That is also what I am teaching you to do. We do that by getting rid of the ego—I call them ego-personalities. The ego-personalities have the same personality, they are all:

- Unkind,
- Liars
- And they waste your time—they steal your life from you—the soul.

Third: Your purpose in life is to develop your talent

I have been multiplying my talent for many years beginning on paper in 1985. We are all here to multiply our talents. Whatever you do, do not hide your talents: use them, hone them and give them to people and let people give back to you. That is the exchange of the talents and that is what we are here to do. Give when you receive and receive when you give.

When writing this book, *Unraveling Your Past to Get Into the Present* I looked for all the ways people avoid being honest; avoid being nice; avoid the truth of how they really feel inside—where the soul resides. I found what I call ego-personalities. These are the ego-personalities that I regarded as ego and not a

part of the natural soul. I started writing about them in 1985. I took them from observation and experience not from the Bible or any other book or person.

1. Which of the following ego-personalities are running and ruining your life?
2. Which ego-personality is ruining your relationships with people?
3. The ego-personality that is bullying your soul is the one who is ruining your life and not allowing your soul to develop its talents.

Note: I believe that God created man and he created woman, the body and the soul. The soul lives in the body, it is spirit within the man or woman and it is spirit when it leaves the body at death. I believe that God created the pure soul he did not create the false personalities—the ego-personalities. Who did? I believe that each one of us create our own ego by our desire to lie about who or what we are or what we have or have not done about what we want and by the underhanded way we achieve what we want. Here are the ego-personalities.

Introducing the 21 ego-personalities: the unkind personalities

Note: ()= from([Proverbs 6:16-19](#)) []= from [The Seven Deadly Sins] and *from the Ten Commandments

1. Arrogant (haughty eyes) [pride]
2. Joker
3. Workaholic *Remember to keep the Sabbath day holy
4. Drunk/drugged/food/alcohol/sex --oholic or addict: [gluttony] [greed]
5. Angry [anger] *Thou shalt not use the name of God in vain
6. Jealous [envy] *Thou shalt not covet anything that belongs to thy neighbor
7. Embellisher—liar (a lying tongue) *Thou shalt not bear false witness against thy neighbor
8. Dictator
9. Sexual [lust] *Thou shalt not covet thy neighbor's wife

10. Bad girl/boy (feet that are quick to run into evil)
11. I am right and everyone else is wrong
12. Depressed
13. Tyrannical (heart that devises wicked schemes)
14. Martyr
15. Sadistic or masochistic (hands that shed innocent blood)
16. Vegetable [sloth]
17. Gossiper (A man who stirs up dissension among brothers.)
18. Criticizer
19. I am better than—superior to you
20. “I agree with everyone”/afraid to stand up for yourself
21. “I only believe what I want to believe”/blame the victim/biased/denial of the truth (a false witness who pours out lies)

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The ego-personalities' faces:

1. Arrogant: The eyes look at you with disgust.
2. Joker: The eyes and the mouth sneer at you in a smirk.
3. Workaholic: The face and eyes are somewhere else—where the mind is; you are lucky if this one even looks at you or says anything to you.
4. Drunk/drugged/food/alcohol/sex --oholic or addict: Can be anything from food, drink, drug to an activity (cleaning, exercise): Totally not there—eyes glassy and attention very short.

5. Angry: This one is scary. Really ugly. It is a total distortion of the face with the eyes bulging out, the voice really awful to listen to, the mouth distorted to the ugliest proportion to the face.
6. Jealous: A snake like look with eyes in slits; the voice is slithery sounding; the smile is creepy.
7. Embellisher--liar: Eyes look to the left with the voice convincingly calm or could be raised.
8. Dictator: Lips are pierced; eyes are bulging.
9. Sexual: The sound of the voice is creepy like it is sneaking up on you; the facial expression is craving like someone salivating over a favorite food, the smile is crooked, half there.
10. Bad girl/boy: This one smiles proudly for no reason, expecting attention; eyes are glassed over like he or she is oblivious to the egregious deed he has just done.
11. I am right and everyone else is wrong: This one has his or her head up too high and a look down his nose look.
12. Depressed: The eyes are down; the face sags.
13. Tyrannical: This one is angry all the time; it is like a wild animal defending itself 24 hours a day; the face is constantly in an angry face and can go to an even angrier more distorted face in a flash; the eyes are pinched always looking for someone to abuse for anything.
14. Martyr: The eyes are down; the voice is complaining/blaming; the mouth is turned down.
15. Sadistic or masochistic: The sadistic one is evil. You can feel the evil. It lurks behind the face; the eyes lurk at you and the body is ready to grab you. The masochistic one is weak, accepting of blame, always blaming itself for anything that happens; the voice is whining and the face looks at you from its side turned downward.

16. Vegetable: Doesn't talk! Out loud that is—for this one is talking a mile a minute in his or her head. The face is somewhere else; the voice is crabby as though you have awakened it from sleep or disturbed it from important work or from an important conversation—the conversation it was having with itself in its mental chat room.
17. Gossiper: The eyebrows are raised; the eyes are wide; the mouth is big—a big open smile.
18. Criticizer: This one has a beady-eyed look; it is just looking for something to criticize.
19. I am better than—superior to you: This one looks askance at you as though you don't deserve its attention.
20. "I agree with everyone"/afraid to stand up for yourself: This one is a scaredy cat. Looks afraid or at least shy. Eyes hiding and then peaking out at you from under eyelashes. Curious but not engaging.
21. "I only believe what I want to believe"/blame the victim/biased: This one acts as if you are not there. Goes about its business as though you have not said a word, completely ignores any evidence you give it and then with glassy eyes talks on in a drone; defends the perpetrator using anger or ignoring as intimidation.

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The ego-personalities' chatter:

1. Arrogant "I am so great. I do things perfectly."
2. Joker "Ha, what's wrong with her I'll make a face and imitate her."
3. Workaholic "If I just stay at work I will not have to face anyone at home."
4. Drunk/drugged "Just give me something to drown out my life. I need more in order to escape."
5. Angry "*#@#*#@# WHAT! That @###%***"

6. Jealous “Why does she have all the looks, the money...”
7. Embellisher “I made \$40.. no \$100,000 last year. I really am talented.”
8. Dictator “I will tell them just what to do and they will do it—it’s my law...”
9. Sexual “Look at that @...that looks good to me, I wonder if I could get her.”
10. Bad girl/boy “I steal, it makes me look good to the girls. I sleep around, all the girls want me.”
11. I am right and everyone else is wrong “I did it right. He’s wrong again.”
12. Depressed “Nobody loves me. I am unlovable. No one wants to be my friend. I am lonely. I have no one.”
13. Tyrannical “You will do what I say or you will sleep in the yard and go hungry.”
14. Martyr “No one helps me. I have to do this all by myself. I always have to do all the work.”
15. Sadistic or masochistic “I would like to tie him up and do whatever to him. I am so guilty of wrongdoings I need to be punished.”
16. Vegetable “I don’t like to talk to these people. They are always talking. I wish they would be quiet so that I can get back to imagining my life and the great guy that I am in that life.”
17. Gossiper “Oh I can’t wait to tell what just happened to Sarah—who is here that I can tell this too.”
18. Criticizer “What kind of hair cut is that, she looks so weird—where did she get those jeans anyway—they are too tight and look at those shoes...hug”
19. I am better than—superior to you “I can’t be around these people they are beneath me.”
20. “I agree with everyone”/afraid to stand up for yourself “I should have said ***when he asked me.....now why didn’t I say how I really feel.”
21. “I only believe what I want to believe”/blame the victim/biased “There is a reason why that man ran over that bike and rider and killed him. He got in

his way and that is the guy on the bike's fault for being there in the first place –he should not have gotten in the way of the car...”

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Well, you get the picture. Which ego-personalities are chatting in your head and distorting your face? Diagnose yourself and then keep an eye out for the culprit when he shows up in your mental-chat-room.

Also be aware when the people around you are not genuine: the ego has taken over—the multi-headed beast is speaking to you. It is as if you are talking to many people in one person. One head comes up to be sexual and then another head comes out to be angry then the next moment you are being blamed for the mood swing of your partner. You just experienced a three-headed beast ego-personality talking and acting within minutes of each other in the same person. Quit making excuses and jokes about people and their bad behavior. You are not helping the soul of this person develop his or her talents so that he can complete his mission in life.

The soul is the same person all day long—a sole-personality—soul-personality. You can be sure that the same person you left in the morning is the one you will see in the afternoon and evening. The soul is honest and the soul is kind. The soul is individual, there are no two soul-personalities alike. It is only the soul who will complete the mission—the purpose in life. It is only the soul who will develop his talents and fulfill his mission.

The ego is the block—the road block.

I am teaching you in this blog and in my book *Unraveling Your Past to Get Into the Present* how to be—how to be your soul now, today and everyday. But first you must be aware of and get rid of the ego-personalities.

Enjoy all 48 class sessions. Each session is a story from my life that taught me about the ego and the soul. I did not get this subject from reading spiritual books or any other books; I don't read spiritual books. I live it and then I write about it.

Paulette Renee Broqueville

Reference #41 in the comparison table: *A New Earth*, chapter: Core of the Ego, p.59 The voice in the head. This is the egoic mind.

Reference #41 in your comparison table: *Unraveling Your Past to Get Into the Present*, chapter: Talking in Your Head is not Thinking p. 147 So, what is talking in your head: ego-personalities.

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The Power of Now was copyrighted in 1999 the year after *Unraveling Your Past to Get Into the Present* ©1998, 2002

Thank you for taking my class sessions. Paulette Renee Broqueville

What's in this issue?



- The Seven Deadly Sins and The ego-personalities
- *The ego-personalities/The Bible/Buddhism/The Ten Commandments*