

The logo features a green and blue gradient background. On the left, there is a stylized window icon with a white frame and a blue pane. To the right of the icon, the text "Window to the World" is written in a large, elegant, black cursive font. Below "World", the word "review" is written in a smaller, bold, black sans-serif font.

Window to the World review

Vol: 1, session 2: Blog: Eckhart Tolle Made Simple. Written by Paulette Renée Broqueville

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My First Thought

Recently I was speaking to a 30-year-old woman who is getting her Ph.D. in psychology. “Babies have no cognitive ability!” she said with authority to me. “They don’t think anything!”

Well, that’s what the psychologists have said about babies and she takes them at their word—meaning the last word.

But in the real world we have people who have experiences that differ with that model, the textbook model. In my opinion and in my experience they imagine more of life than they live it.

I have lived through everything that I tell you, and I say, if one has done it, the many can do it.

I remember being a baby in my first year. I was sitting on the floor, unable to talk or walk—perhaps I could crawl but I was sitting upright, looking at my mother’s family members: aunts, uncles, grandparents, brother and parents. I remember my first thought: “I am going to have to remember this so that I can do it better.”

Babies usually say DaDa or MaMa and small words at first but some babies have begun talking using full sentences. How is that to be explained except that the child talked in his mind before he was able to form the words in his mouth.

The soul lives inside of us, a fully developed being; it is the body which has to grow enough for the soul to use it as it wants. Babies have played classical music as tiny tots. Where does that talent come from except that it comes from the talents of the soul.

I taught High-school in the 1970’s. When I wanted to impress upon my Modern Problems students the need to think for themselves I told them:

- Robots say what others have said, do what others have done and think what others have thought.
- Real people think for themselves and come up with original ideas: things that they have not heard, or seen, or done before.
- Robots talk about people, places and things.
- Real people talk about ideas.

Then I would ask them:

- Is your mind in the past, present or the future?
- Raise your hands. How many are in the past? How many are in the future? How many are in the present?

I told them, “You are where your mind is. I have 30 kids in my class and only 2 of you are here. The rest of you are not here—only your bodies are here but not your minds. How can you hear what the teacher is saying, if you are in the past or in the future.”

Then I told them that there is a time to be in the past to reflect upon what was said or done. For example can you do it better in the future?

There is a time to imagine your future, to plan how you want your future to be but that time is not when you are in the classroom. When in the classroom be in the present for that is the only time when you are able to listen and learn.

It is only when your mind is in the present that it is able to be inspired; when it is in the present your mind is silent and that is listening.

I refer to number 32 in our study guide: quote taken from Unraveling Your Past to Get Into the Present,

p.155 Let your mind be free to be inspired by your soul. Enjoy your mind, your silent, listening mind: ready to receive ideas, inventions, inspiration, and creative ideas.

I refer to number 71 in our study guide: quote taken from Unraveling Your Past to Get Into the Present

P86 (bottom) remember the mind that is always talking is never listening....it was in the past or the future or somewhere else, but not here, and not in the present.

I began writing Unraveling Your Past to Get Into the Present in 1985 after learning from my own experiences about the ego and the soul. More stories to follow as we learn how to get rid of the ego and be the soul in this [Blog: Eckhart Tolle Made Simple](#)

Thank you, Paulette Renee Broqueville