

Window to the World review

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The Sexual/lust Ego-personality versus Making Love with the Soul

People have told me how they feel about sex:

1. How they feel about sex is what they heard from their parents or caregivers: some have been shamed, some frightened, and some given nothing. If they were lucky they were lead to believe that sex is a natural part of loving someone's soul.
2. How they feel about sex is what they learned in their religious studies: some were shamed, some were made to feel guilty, and some given nothing.
3. How they feel about sex is what they learned from school, videos, movies, books, and sex magazines: virtual sex. (This causes an inability to get aroused by a live girl or a live guy) All of these examples have shown the child techniques of having sex but nothing about loving the soul and having sex as a natural part of that love. They have been taught how to win in the Olympics of sex.

How they feel about sex is controlled by when they first had sex; in other words how old they were when they had sex for the first time and how old their partner was: this includes masturbation.

This is a difficult problem to deal with here. You see people tend to be aroused sexually by whatever turned them on initially as a child or a young person: if that person was a child or if they were a child having sex with a child or an adult then problems beyond this blog have been set in motion that must be unraveled.

This is why it is advantageous to the soul if sex is not started in childhood or in the teens.

Children who were sexually abused are afraid as adults that they will abuse children or others will abuse their children. Mothers and fathers become

emotionally distraught and freeze up when their baby or son or daughter reaches a certain age: the age that she or he was abused.

The fear is that she or he will do something to harm the child just as she was harmed. Pray for help in removing this sexual ego-personality.

This same fear happens to parents who were abused as children whether mentally, emotionally or physically. Pray for the removal of the ego-personalities that caused the abuse: pray for the removal of the cause, effect and the memory. And do EMDR on every memory of abuse that comes to mind. Clear your mind of the emotion of the abuse in order to have a kind and loving relationship with children of all ages.

There is a difference between sex for lust and sex for love.

- Natural sex between two adult partners who love each other's souls does not involve having a sexual ego-personality.
- I am talking about the sexual ego-personality that has sex anywhere, with anyone and then must continue to find new ways to have sex in order to become aroused. That is not sex for love; that is not sex between two souls; that is sex between two egos or a sexual ego-personality preying upon an unsuspecting soul.

Sexual ego-personalities marry each other. They have sex in common: much like alcoholic ego-personalities marry each other; they have drinking in common.

An actor, quite famous for having sex with his leading ladies, was in the elevator when I stepped in one day. I had to go up only 5 flights but immediately upon stepping into the elevator with this man I became sexually aroused. That alerted me to find out the cause and so I looked up to see this man's face and recognized him.

This was an example of the power of the sexual ego-personality to affect another person—in this case me! Now, had I been naive I might have thought I was in love or certainly attracted to him. In reality I was caught in the web of the sexual/lust ego-personality.

A woman told me she thought she was in love when a man at work triggered the same reaction in her. She was married and loved her husband. Toying with the idea of separating from her husband in favor of this man I talked her out of it by telling her this:

1. Carl Jung's writing teaches that we have two sides to ourselves: anima and animus. So each person has a male or animus side and a female or anima side. When we think that we are in love our inner male projects

- onto the male and gets stuck there until we take it off and project it onto the next male. I said, “You have to get your male back and project him onto your husband again!” Concentrate on him.
2. The sexual ego-personality of this man has caused you to feel sexually aroused by him. Get over it! Get a grip on yourself! You have a lover at home in your husband. Get your attention off of this man and he will go on to find someone else.

And that’s what she did. The “spell” the lure of the sexual ego-personality was broken and she was free. Of course I told her about what had happened to me in the elevator just riding five flights up with a sexual ego-personality. They are very powerful and just like alcohol are very hard to resist. Pray—it really does help.

Now, if you have a sexual ego-personality, it is ruining your life. If you are in a relationship with one, it is ruining your life.

1. Chances are that the attraction you have to women or men is out of control: much like a kid in a candy store who wants to taste every piece of candy.
2. Chances are that you spend a lot of time aroused; which makes it difficult to separate out the soul relationship from the ego relationships.
3. Chances are that you flit from affair to affair never being able to commit to a relationship.

There is a time and a place for sex between soul lovers. They are aroused by each other and that keeps them having playful sex without having to find new positions, costumes and new gadgets to turn them on: the sexual/lust ego-personality needs help to get aroused—the soul does not.

To gain control of the sexual/lust ego-personality do find out what is keeping you aroused.

1. Music is a turn on. If you are constantly turned on and constantly playing music turn it off for a while and see if that solves it.
2. Pray when you feel the urge to break your promise to be faithful to your girl or guy.
3. Sex is a habit: choose to make a new habit. It takes 30 days they say and I have found that I can make a new habit in that amount of time so give it a try.
4. Decide to have sex for love. How? Get to know the person who is inside of the body. Get to know the soul before you have sex. If you could never have sex with this person is this a person you would love to be with anyway just for the love of the soul and the joy of the soul’s personality?
5. Jeans that are too tight or underwear that is too tight...well you get the picture. Loosen up!

Men lighten up on yourself. You were made to be the aggressor and therefore have the impulse more than women. Do this, make a decision to decide to have sex instead of sex ruling you, you rule it.

Again when making an effort to get rid of ego-personalities there will be victories and failures but remember that on failure is built success. Be kind to yourself and go on for that is the soul helping you; you do not want the criticism of the ego telling you what kind of person you are.

Note:

- If you have been sexually abused as a child,
- If you started having sex as a child:
- Child to child sex at any age from before teens through teens then you have a sexual ego-personality brought on by sex is a habit without any restraints.

You need to break this habit and decide to have another one.

You see, sex between soul lovers is restricted to making love with that soul only. That is the one who makes you become aroused. Not someone else. You want to learn to make love with the soul not the body.

Here is a quote from the Answer to Sun Tzu which I wrote:

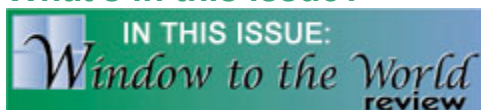
A man falls in love with one woman when he falls in love with her soul.

Reference #7 in the comparison table: *A New Earth*, chapter: Role Playing: The Many Faces of the Ego, p. 88 Lover...role playing is quite common "I'll play who you want me to be and you'll play who I want you to be."

Reference #7 in your comparison table: *Unraveling Your Past to Get Into the Present*, chapter: The Soul/Sole Personality versus the Ego-Personalities p. 22 The sexual ego-personality is an act, in order to be hugged, loved, touched and made to feel liked (and I would add here: it is a habit without any restraints)

Thank you for taking my class sessions. Paulette Renee Broqueville

What's in this issue?



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