



Window to the World review

Volume 1, session 38 Blog: Eckhart Tolle Made Simple Class

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Have you found your own soul?

Let's take a break from our class to talk about a chapter in *Unraveling Your Past to Get Into the Present*.

There is a saying:

Have you found your soul mate?

And men:

Are you in touch with your inner female?

I have a new one for women:

Are you in touch with your inner male?

And then the question comes back to you:

Have you found your own soul?

1. How can you find a soul mate when you do not know your own soul.
2. How will a man know his inner female, when he does not know his male soul?
3. How does a woman get in touch with her inner male, when she does not know her own soul?

According to Carl Jung:

- There is an anima, which is the female soul within a man
- There is an animus, which is the male soul within a woman.

Are you confused?

This is all part of what you will learn from *Unraveling Your Past to Get Into the Present*.

We each have two halves to our souls, male and female, but what does that mean to us? How does that affect our personalities? How does that affect our relationships? Read *Unraveling Your Past to Get Into the Present* and find out.

In the late 1980's I knew a man who was bi-sexual.

When he was the male he was clearly a take charge male ready to protect and help the female. One day I saw him flip. Yes, flip his soul. At once he was a shrinking violet, he was the inner-female who was incapable of doing anything, shy and withdrawn. When this would happen to him he did not remember what we had talked about or planned to do when he was the male soul.

Wow! This was the anima and animus, the inner-soul and the outer-soul, revealing themselves in one person. I am always trying to heal and help people so I began to look for what one could do to help the soul in this fragile state where it flips from the male to the female and then back—living two different lives in one life-time.

I started to ponder this.

1. I began wondering how this could happen
2. And then I wondered why it happened.

The soul must make a choice I thought.

I wrote a chapter from this experience. Chapter Four: The Inner and Outer Soul and How They Control our Relationships with People.

Some years later in 2000, after my book was published, I had a five-year-old neighbor girl come to my patio, one day, to tell me:

"I think it's better to be a boy. I wish—I wish I was a boy."

I had been told by the many adults, whom I interviewed, that the same thing happened to them in childhood: they had a day when they made a decision to be a boy or a girl—oddly enough it was around the age of 5.

- One told me that he was looking through the fence at boys playing ball and thought to himself, “It’s better to be a girl!”
- Another told me no she never thought it was a good idea to be a girl, she thought it was better to be a boy!

These adults really struggle with the “flipping personality” so when this little girl said this to me I said,

“But honey, think about it. You won’t be able to wear dresses and grow up like your mommy and wear high heels and lipstick. It’s fun to be a girl. I love being a girl.” I said.

Now whether this had an effect on the soul of this little girl or not remains to be seen. She is rather shy and withdrawn today at 13.

Time will tell.

I thought I would give you something to think about.

Remember, thinking is not talking in your head. Learn to ponder an issue and wait for an answer to come to you in a flash.

Thinking is needing an answer and listening.

Thank you for taking my class sessions. Paulette Renee Broqueville

What's in this issue?



- The inner female and inner male
- The inner and outer soul

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