

The logo features a stylized window icon on the left, composed of several panes in shades of blue and green. To the right of the icon, the text "Window to the World" is written in a large, elegant, black cursive font. Below "World", the word "review" is written in a smaller, bold, black sans-serif font. The entire logo is set against a background that transitions from green on the left to blue on the right.

Window to the World review

Volume 1, session 45 Blog: Eckhart Tolle Made Simple Class
Written by Paulette Renée Broqueville authoress of *Unraveling Your Past*
to *Get Into the Present* <http://www.broqueville.com>

April 6, 2010

What do Your Ego-personalities Look Like From the Eyes of a Child?

“Don’t give me that big eyed look!” my stepmother would say every time she interrogated me in the kitchen chair. I was 5 when it happened the first time and it went on throughout my childhood until I was 17. What I heard and what I saw during these questionings was ego-personalities speaking and looking at me. The big eyed look was from the shock I was in—I was startled—from what I was seeing—the face of ego-personalities contorting before my eyes. I did not have to see scary movies—I was in one.

On a camping trip with a girlfriend and her teenage daughter I decided to show the face of the ego-personality that the teen showed us: I used a mirror. Whenever she had an attitude I pulled out my mirror and held it in front of her face. “I don’t like seeing that.” She said to us angrily.

“Well we don’t like seeing that face either!” said her mother.

The other day I heard a father say to his son, “Why did you come in here if you were going to have an attitude?” The son was blustering, angry about something or other.

In all of these cases the face is horribly ugly.

Want to have a face-lift—you will need one if you entertain ego-personalities in your mind, and in your speech.

1. Everyone will see their faces by your facial expressions.
2. Everyone will feel them by your attitude.

3. Everyone will hear them by the tone of your voice.

Some time ago my husband got my ire up with something so important that I cannot even remember it now!!! Just as I got the anger ego-personality ready to pounce on him I came around the corner and ran smack dab and face-to-face into it in the mirror—I saw its ugly face—on me! Scared me! I immediately cooled myself down and spoke to my husband, as a lady should, from my soul.

What do you look like to others?

Which ego-personality is ruining your life or running your life? Take a look in the mirror. Look at the faces of people when they talk to you. Try to discern which ego-personality is talking to you.

The ego-personalities' faces:

1. Arrogant: The eyes look at you with disgust.
2. Joker: The eyes and the mouth sneer at you in a smirk.
3. Workaholic: The face and eyes are somewhere else—where the mind is; you are lucky if this one even looks at you or says anything to you.
4. Drunk/drugged/food/alcohol/sex --oholic or addict: Can be anything from food, drink, drug to an activity (cleaning, exercise): Totally not there—eyes glassy and attention very short.
5. Angry: This one is scary. Really ugly. It is a total distortion of the face with the eyes bulging out, the voice really awful to listen to, the mouth distorted to the ugliest proportion to the face.
6. Jealous: A snake like look with eyes in slits; the voice is slithery sounding; the smile is creepy.
7. Embellisher--liar: Eyes look to the left with the voice convincingly calm or could be raised.
8. Dictator: Lips are pierced; eyes are bulging.

9. Sexual: The sound of the voice is creepy like it is sneaking up on you; the facial expression is craving like someone salivating over a favorite food, the smile is crooked, half there.
10. Bad girl/boy: This one smiles proudly for no reason, expecting attention; eyes are glassed over like he or she is oblivious to the egregious deed he has just done.
11. I am right and everyone else is wrong: This one has his or her head up too high and a look down his nose look.
12. Depressed: The eyes are down; the face sags.
13. Tyrannical: This one is angry all the time; it is like a wild animal defending itself 24 hours a day; the face is constantly in an angry face and can go to an even angrier more distorted face in a flash; the eyes are pinched always looking for someone to abuse for anything.
14. Martyr: The eyes are down; the voice is complaining/blaming; the mouth is turned down.
15. Sadistic or masochistic: The sadistic one is evil. You can feel the evil. It lurks behind the face; the eyes lurk at you and the body is ready to grab you. The masochistic one is weak, accepting of blame, always blaming itself for anything that happens; the voice is whining and the face looks at you from its side turned downward.
16. Vegetable: Doesn't talk! Out loud that is—for this one is talking a mile a minute in his or her head. The face is somewhere else; the voice is crabby as though you have awakened it from sleep or disturbed it from important work or from an important conversation—the conversation it was having with itself in its mental chat room.
17. Gossiper: The eyebrows are raised; the eyes are wide; the mouth is big—a big open smile.
18. Criticizer: This one has a beady-eyed look; it is just looking for something to criticize.

19. I am better than—superior to you: This one looks askance at you as though you don't deserve its attention.
20. "I agree with everyone"/afraid to stand up for yourself : This one is a scaredy cat. Looks afraid or at least shy. Eyes hiding and then peaking out at you from under eyelashes. Curious but not engaging.
21. "I only believe what I want to believe"/blame the victim/biased: This one acts as if you are not there. Goes about its business as though you have not said a word, completely ignores any evidence you give it and then with glassy eyes talks on in a drone; defends the perpetrator using anger or ignoring as intimidation.

The 21 Ego-personalities discovered and named by Paulette Renee Broqueville, copyrighted in 1998 and published in *Unraveling Your Past to Get Into the Present*. Available on Amazon and Broqueville.com.

Well, you get the picture. Which ego-personalities are glued to your face as masks. Diagnose yourself and your family and friends and then keep an eye out for the culprit when he shows up on your face.

The soul personality is the one you see when you check your hair and your face in the mirror: no attitude, just the best look that you can give to the world.

I am teaching you in this blog and in my book *Unraveling Your Past to Get Into the Present* how to be—how to be your soul now, today and everyday. But first you must be aware of and get rid of the ego-personalities.

I am going beyond any comparison of Broqueville and Tolle so there are no references here comparing *A New Earth* to *Unraveling Your Past to Get Into the Present*. He only imitated a small portion of my book: the ego-personalities and keeping your mind silent—and then only 17 of the 21 ego-personalities were taken but without these imitations of my work he would not have been able to write *A New Earth or Stillness Speaks* in which he uses 7 of my ego-personalities and introduces the quiet mind.

Note: *Unraveling Your Past to Get Into the Present* was copyrighted 1998

Stillness Speaks was copyrighted 2003,
A New Earth was copyrighted 2005,

The Power of Now was copyrighted in 1999 the year after *Unraveling Your Past to Get Into the Present* ©1998, 2002

Thank you for taking my class sessions. Paulette Renee Broqueville

What's in this issue?



- The ego-personalities' faces
- *The soul-personality: the face you see in the mirror*
- *Broqueville goes so far beyond Eckhart Tolle there is no comparison*