



Window to the World review

Radio Show on How to Stop Memories from Haunting — You and Your Child.

There are two parts to our personalities: the phony you—the ego and the real you, your soul

We catch egos like we catch the common cold — from each other, our parents, friends, TV and movie personages.

- The soul is the secret you, you know inside of you The one who wants but never gets what he or she wants. The one who cries inside of you while the ego puts on a face to fool the other person—but never fools your children.
- My book *Unraveling your Past to Get Into the Present* helps you to get rid of the ego so that you can live your life, do what you want, pick your mate, raise your child and be yourself —your soul self.

The ego speaks and acts on automatic pilot. The ego is an out of control brat that takes over our bodies, minds and mouths. The soul experiences the broken heart left from the ego’s rampage—and your child is left with bad memories just like you were in your childhood.

Stop the World, I want to Get Off!

1. Do you secretly cry when you are alone and you have no idea why? Our next guest will tell us who is crying in your heart and why?
2. Do you have secrets that you have never told anyone? Are they now eating away at you? Our next guest Dr. Paulette Renee Broqueville will tell you what to do with your secrets and what you can do with them. Listen, because she will give you a key to having peace.
3. Are you haunted by memories of your past, memories you just can’t shake? Dr. Broqueville will give us 4 steps to follow to start the healing process today.
4. Who’s living your life your ego or you. No, your ego is not you according to our next guest who is the authoress of the new book called *Unraveling Your Past to Get Into the Present*. Her name is Dr. Paulette Renee Broqueville. (brookville) Who am I if I am not the ego, Dr. Broqueville?
5. Are you giving your child bad memories? How can you give your child good memories and make his/her childhood a memory to love? Dr. Broqueville will tell us 3 things you can do to make your child’s life happy.

These are the suggested questions for the radio show.

Movie: The Emperor’s Club

A story of the type of schooling that I have taught and that I espouse to in my book *Unraveling Your Past to Get Into the Present*: oral and essay testing and interaction with the teacher—the whole book method. A style of teaching where the soul can flourish and grow, learning good behavior self-discipline, self-motivation and morals. The movie is about a boy, Mr. Bell, whose ego is in possession of his body and soon takes over the class. The boy’s father is an ego as well so the child could hardly be expected to be more. The teacher, Mr. Hunter played by Kevin Kline tries to reach the boy’s soul. He feels that he does when Mr. Bell begins to study and excels. The moment is short however as Mr. Bell is found to be a cheater. Not that he needed to cheat to pass because he did well not cheating but his ego was too strong and his soul too inexperienced so when it came down to it the ego did its thing—it cheated when the soul could have won. The motto of the school is “So the beginning, so the ending” and so it was for Mr. Bell. And You?

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Stop the World I Want to Get Off! Is that how you feel sometimes? Do you want to know why you feel this way? Your soul is not at peace with your life. You are not living the life that your soul wants to live. Too fast, too busy, too many women or men, too much food, not enough rest, no time for yourself? Is that you? What does your child feel being around your whirling body with no one home in it but a phony, an ego named anger, silence, aloof, mean spirited, jealous, in competition? Oh, yes you may be able to fool the people at work, even on the phone or plane or train but your child, no. He or she always knows when nobody is home. No one to talk to, no one to listen and no one to play with, spend time with. You are not fooling anyone but yourself. You were possibly raised by your parent's egos and now your ego is raising your child to be as sad as you once were. A soul alone in a house full of egos. So what are the three things you can do to make your child's life happy. Is it work more longer hours to buy something for him or her? Is it buy a bigger house for him or her so you can spend less time at home just to make the payments? Is it to take a great vacation just to be together only to find out that you are really all alone and so are your children because no one knows how to be the soul, the real person inside. What does the soul do that the ego cannot do. The ego, the mechanical you.

1. The soul is the one who would love you back when you loved.
2. The soul is the only one who would listen to your soul's thoughts and give you his or her thoughts.
3. The soul is the one who would smile just to catch the glint in your eye as two souls touch each other's souls—your child's soul and yours.

No, you cannot go on vacation with egos and have the same wonderful time. You have to be the soul and you have to touch the heart and soul of your child before he or she turns into you—the too busy, too preoccupied, too tired you.

How you say can I recapture time to be me and be with my child now. Sell the big house and car. Chop your ego out of your life. Work less and need less money to pay the bills, save more and spend less. Become who you were born to be. Find out what your child was born to do. How? What makes you happy? Do it. What makes your child happy? Start him or her doing it. And do put your child into a school that teaches the whole book method of essay tests. There is nothing more boring than multiple choice tests that play cat and mouse with your mind but never allow the soul to ponder the historical events of the past that the soul may reflect on them as they apply to the present time.

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Children—and you were once one, have secrets. They hear things and understand or misunderstand them. The ego says things that are cruel and the child's soul takes it to heart and the heart becomes broken. These moments haunt us as adults and turn the course of our lives away from our soul's chosen path of happiness. If you are unhappy just know that you are living a life that your soul does not want to have. Get rid of the car, the house, the bills, the job or whatever you have that is making you unhappy. Do what you love to do and be happy. This is the secret to having peace—it is happiness that gives us peace. Doing what we love gives us happiness. Are you haunted by your past and you can't shake it? Remember that your past was probably totally made up of ego interactions which makes your past a phony memory. If these things happened by a soul doing this or saying that to you your memories would be real but they are not. Ego memories are trash. Throw them out. Most people cannot be the soul, and if they would be the soul you would have kindness and love and nothing else would exist but peace and harmony. The ego is the responsible mechanical man or woman for your past. Throw out these memories and start being your soul today.

- Do what makes you happy every minute of the day.
- Do not move on your day off unless you move to what makes you happy right now. Sitting, are you happy, Do not move until you feel you would be happier moving or doing something else. Have one day of doing what your soul wants to do and then repeat the day everyday.
- Decide to be the soul, stomp your feet and say I am on earth, I am my soul speaking and acting.
- Take a Brain Shower every morning. Write down your thoughts until you have no more to be the soul. Your secrets will jump out of your mouth and be told freeing your soul. Writing gives you courage to speak.

To my readers:

We are a nation of brokenhearted people. We need a change. The only way we can have a change in our society is one person at a time: that means that we each have to change ourselves. Become self-disciplined souls. Unraveling Your Past to Get Into the Present does just that: it helps the reader rethink his/her life and make the change. Being the soul is being in control—being the ego is being out of control. Please help by telling the right people who could donate our books to schools and prisons to go to our web site at www.unravelingyourpast.com and take a look at Unraveling Your Past to Get Into the Present and our other books and courses. Paulette Renee Broqueville

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